

Sophomore Year



Class of 2015

WELCOME



- Counselor Introductions
- Career Center Staff Introduction
- Time to start thinking about your post-high school plans

DHS Guidance Staff

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Career Center

- Coordinator - Kim Dohan
- Located in room adjacent to the cafeteria
- Walk-in hours are available for students to meet with a counselor to answer questions every period
- Resources include: scholarship information, Naviance, college catalogues, SAT/ACT registration material, college rep visits

Guidance Programs

Grade 9

- Career Interest Profiler

Grade 10

- “Do What You Are” personality type indicator
- Resume Writing

Grade 11

- Naviance College Search
- College Essay Writing Workshop
- Interview Techniques

Grade 12

- College Representative Visits

Naviance

- <http://connection.naviance.com/danbury>
- A comprehensive web-based program designed to help in making informed decisions about colleges
- If you misplaced your user name or password, please call the Career Center at (203) 797-4829

Career Interest Profiler

- Students will click on *Start Profiler* and complete the survey

family connection

home courses colleges careers about me my planner

search for careers: Go

MORE SEARCH OPTIONS >>

Career Interest Profiler

Introduction

You are about to begin the Career Interest Profiler, a tool that can help you discover the types of work activities and careers that match your interests. The interest profiler has 180 questions about work activities that people do at their jobs.

When choosing your answers, think about whether you would like or dislike doing a particular work activity if you had a chance to do it. Try not to think about whether you have enough education or training to perform the activity.

This is not a test. There are no right or wrong answers. The more accurately you answer each question, though, the better your results will be. If you need to leave the profiler in the middle and return later, remember to complete all the answers on the page you are on and click the "Save and Continue" button. When you return to this section, you will pick up where you left off.

When you are ready to begin, please click the "Start Profiler" button below.

[Start Profiler](#)

explore careers

- > [favorite careers & clusters](#)
- > [explore careers & clusters](#)

what are my interests?

- > [personality type](#)
- > [cluster finder](#)
- > [career interest profiler](#)

Career Interest Profiler

- View results then click on *View Matching Occupations List*

family connection

home courses colleges **careers** about me my planner

search for careers: Go

MORE SEARCH OPTIONS >>

my career interest profiler

Here are your results:

- Realistic: 2
- Investigative: 27
- Artistic: 1
- Social: 11
- Enterprising: 12
- Conventional: 3

Your strongest interests are in green. You can think about your interests as work activities you like to do. Your interests can help you find occupations you might like to explore. The more an occupation meets your interests, the more likely it is to be satisfying and rewarding to you.

Are you ready to explore the occupations that match your interests? Just click the button below.

[View Matching Occupation List](#)

explore careers

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- > [explore careers & clusters](#)

what are my interests?

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- > [cluster finder](#)
- > [career interest](#)

Resume Writing

- Click on *Resume* hyper link under Interesting Things About Me

The screenshot shows a student portal interface with a teal header labeled "family connection". Below the header is a navigation bar with tabs for "home", "courses", "colleges", "careers", "about me", and "my planner". The "about me" tab is currently selected. On the left side, there is a section titled "surveys to take:" with links for "bullying pre-test" and "survey history". Below this is a blue box with the text "Learn about Any's future" and a "Start Now" button, with the "alleyoop" logo at the bottom. The main content area is divided into two sections: "Success Plan" and "interesting things about me". The "Success Plan" section has links for "goals" and "tasks". The "interesting things about me" section has a list of links: "portfolio", "game plan", "favorite colleges", "documents", "favorite careers and clusters", "journal", "personality type", and "completed surveys". A black arrow points from the "Resume" link in the "interesting things about me" section to the bullet point above.

Graduation Requirements

Class of 2015

| Requirements | Total Credits |
|---|---------------|
| Art, Music or Communication Arts | 1.0 |
| Business, ROTC, Technology Education or Family and Consumer Science | 1.0 |
| World Studies, Modern World Studies, U.S. History, Civics (Advanced Placement World History or U.S. History may be taken in lieu of World Studies or U.S History) | 3.5 |
| World Language | 1.0 |
| English 1, 2, 3, 4 (Advanced Placement English courses can be taken in lieu of English 3 and 4) | 4.0 |
| Math (must include Algebra, Geometry, Algebra II or Statistics and Data) | 3.0 |
| Science (must include Biology and Chemistry) | 3.0 |
| Health | .5 |
| Physical Education | 1.0 |
| Student Choice | 3.0 |
| TOTAL | 21 |

PSAT - What is it?

- PSAT/NMSQT (Preliminary SAT/National Merit Scholarship Qualifying Test)
- Administered nationwide by the College Board
- Three scores: Critical Reading, Math, Writing
- “Selection Index” (SI) - used exclusively for the National Merit competition
- Not used in the college admission process

PSAT at DHS



- Take the official PSAT in October of sophomore and junior years during school hours
- More information to follow in Advisory

Standardized Testing



- Most colleges require either an SAT or ACT as an entrance exam
- SAT and/or ACT are generally taken in the spring of the junior year and again in the fall of senior year
- Many schools are becoming SAT/ACT optional - to view an updated list of schools log on to www.fairtest.org

Types of Standardized Testing

- SAT Reasoning Test - designed to assess skills and application of knowledge www.collegeboard.com
- SAT Subject Area Tests - one hour content-based tests www.collegeboard.com
- ACT - curriculum based test with an optional writing section www.actstudent.org
- SAT and ACT score comparison chart can be found at the following link:
<http://professionals.collegeboard.com/profdownload/act-sat-concordance-tables.pdf>

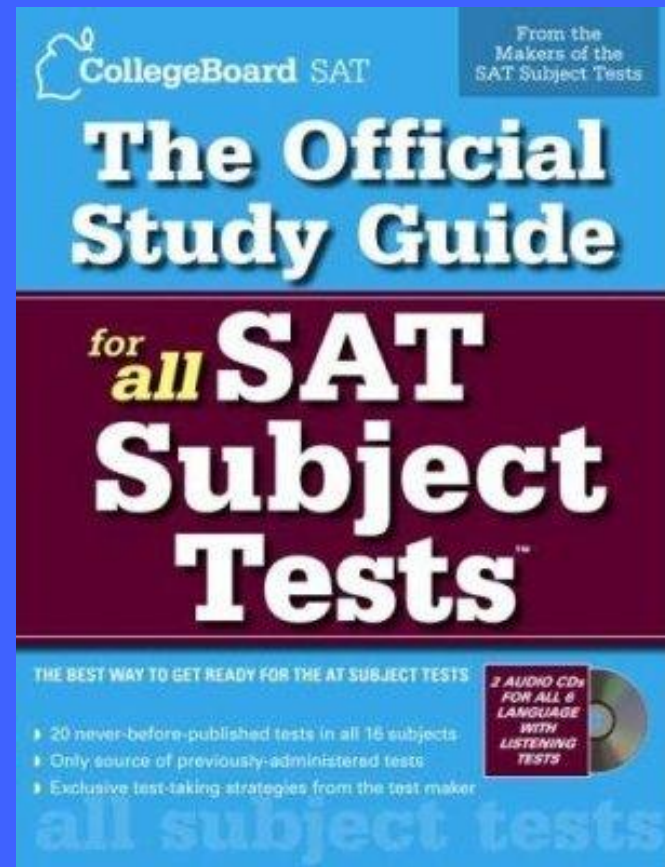
Score Reporting Policy

SAT and ACT

- Colleges can require applicants to submit every SAT/ACT score or choose specific test dates
- Follow score reporting requirements of each college
- Students are responsible for sending scores and not DHS

SAT Subject Tests

- One-hour tests in specific subject areas
- Only required at the most selective colleges
- Usually two tests are required
- View individual college websites for requirements



SAT vs. ACT

SAT

- 3 hours and 45 minutes
- Structure is: Critical Reading, Math and Writing
- Focuses on vocabulary and includes math up to Algebra 2
- Penalty for wrong answers
- Scored: 200 - 800 per section and 2400 is the highest possible combined score (many colleges still use the 1600 combined score)

ACT

- 3 hours and 25 minutes (includes writing)
- Structure is: English, Reading, Math and Science Reasoning (Optional writing - recommended)
- Concentrates on grammar, syntax and punctuation and includes some pre-calculus
- No penalty for wrong answers
- Scored: 1 - 36 per section and 36 is the highest possible composite score

Register with Full Legal Name



- Students must register for all standardized tests using his or her full legal name (name on birth certificate)
- Additionally, check school records to ensure that your full legal name is being used on official documents such as transcripts and report cards

Fine Arts

Begin to investigate portfolio/audition requirements.



Always use your teachers as resources.

U.S. Service Academies

- United States Air Force Academy (Colorado Springs)
- United States Coast Guard Academy (New London)
- United States Merchant Marine Academy (Kings Point)
- United States Military Academy (West Point)
- United State Naval Academy (Annapolis)
- All but the Coast Guard Academy require an appointment from a US Senator or congressman from CT
- Check individual websites
- Must begin process in junior year

Athletic Recruiting

- View NCAA website to review recruiting rules and regulations at www.eligibilitycenter.org
- See Mr. Chip Salvestrini, Athletic Director, for more information

NCAA

Eligibility
Center

Online Resources

- www.collegeboard.com for SAT info
- www.actstudent.org for ACT info
- www.fairtest.org for SAT/ACT optional information
- Naviance website:
<http://connection.naviance.com/danbury>